

AARP ElderWatch Presents

PLAY IT SAFE

Anyone interested in learning more about consumer fraud and financial abuse is invited to an interactive presentation on **Tuesday August 17th at 10:30 a.m.** Robert (Bob) Mager from AARP ElderWatch will provide knowledge and insight into how to protect yourself and your loved ones from consumer fraud. For more information about the presentation, please call 303-922-2928. For more information about ElderWatch, call 303-222-4444 or check out their website: www.aarpelderwatch.org.



A Program with the Colorado Attorney General and the AARP Foundation

Toll Free in Colorado: 1-800-222-4444
Metro Denver: 303-222-4444
Hours of Operation: 9 am - 4 pm

SWIC's Ongoing Programs

- ◆ **Foreclosure Prevention and Housing Counseling:** FREE! You do not have to be behind on your monthly payments.
Call Ron at 303-934-0923 for more information!
- ◆ **VOA Hot Lunch for Seniors:** 10:30am—12:30pm Monday—Friday.
Donations welcomed, never required!
- ◆ **Weekly Food Boxes:** 10:30am—2:30pm every Friday.
\$2 donation suggested, never required!
- ◆ **Free Adult Exercise:** 8:00am—10:30am and 4:00pm—6:00pm.
Weight room, gymnasium and Zumba! Call Jenny at 303-934-8063
- ◆ **Youth Programs:** 2:00pm—5:30pm Monday — Thursday.
Free Arts and Crafts and Open gym!

The SouthWest Denver Community Center

A Division of the SouthWest Improvement Council (SWIC)

1000 S. Lowell Boulevard Denver, CO 80219 (303) 934-2181

Serving Residents of Southwest Denver since 1987

SouthWest Matters

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Neighborhood Council Meeting

Come to the next SWIC Neighborhood Council Meeting on **Thursday August 12th at 5:30 p.m.** Rita Pugh will give a report on the July 22nd hearing regarding the proposed restaurant and liquor license for the business at 4300 W. Alameda. A discussion will follow. There will also be a **FREE community dinner**. If you have any questions or are interested in making an announcement at the meeting, please call Jan at 303-934-2268.

When: Thursday
August 12th, 5:30 p.m.

Where: Eagle Bear Hall

Who: All Are Welcome!

FREE Dinner!

Door Prizes will be awarded!

“ALL THE PEOPLE” OYATE Gathering for Seniors

Wednesday August 11, 2010 10:30 a.m.—12:30 p.m.

Join us for free bingo games! Lots of prizes!

\$25 gift certificate to King Soopers for a blackout

Delicious lunch and beverages! Come have fun with your friends!

Further Information: Call Betty at 720-343-0612 or 303-934-8057