

## Upcoming Events at SWIC

- **OYATE Lunch and Gathering:**  
*Wednesday May 12th at 10:30*
- **Westwood Neighborhood Council Meeting:**  
*Thursday May 13th at 5:30pm*  
FREE Community Dinner
- **Second Annual Senior Week: May 17th—21st**  
With presentations from Colorado Legal Aid
- **First Time Homebuyer Workshop:**  
*Wednesday May 19th at 4:30pm*  
(no longer held on Saturdays)
- **Second Annual SWIC Family Fiesta:**  
*Saturday June 26th 11:00am—3:00pm*  
FREE food, games, and entertainment for the whole family! More Details to Come!

SWIC thanks **AT&T**  
and **Riverside Soccer Club** for their donations to the Weekly Food Box program!



The Southwest Denver Community Center  
A Division of the South West Improvement Council (SWIC)  
1000 S. Lowell Boulevard Denver, CO 80219 (303) 934-2181  
*Serving Residents of South West Denver since 1987*

# Southwest Matters

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## Free Pneumonia Shots

*The Visiting Nurse Association (VNA)* is offering **FREE PNEUMONIA SHOTS** on Wednesday May 19th from 12:00pm to 1:00pm. You do not have to sign up ahead of time — just show up! Please call **303-922-2928** with any questions.

**You may qualify if:**

- You are age 65 or older
- You are age 19-64 and smoke or have lung disease or a chronic health condition
- You had your first Pneumonia shot before age 65 AND at least 5 years ago
- You are underinsured or uninsured

### SWIC's Ongoing Programs

- ◆ **Foreclosure Prevention and Housing Counseling:** FREE! You do not have to be behind on your monthly payments. Call Ron at 303-934-0923 for more information!
- ◆ **VOA Hot Lunch for Seniors:** 10:30am—12:30pm Monday—Friday. Donations welcomed, never required!
- ◆ **Weekly Food Boxes:** 10:30am—2:00pm every Friday. \$2 donation suggested, never required!
- ◆ **Free Adult Exercise:** 8:00am—10:30am and 4:00pm—5:30pm. Weight room, gymnasium and Zumba! Call Jenny at 303-934-8063
- ◆ **Youth Programs:** 2:00pm—5:30pm Monday — Friday.