

**Do you...**

**...care about what is happening in your neighborhood?**

**...desire more productivity in neighborhood meetings that you lead or join?**

**...want your ideas heard and used toward community action?**

**...want to develop your leadership skills?**



**The Resident Leadership and Facilitation (RLF) training** is designed to help one understand and gain the skills needed to lead and take part in successful meetings that result in decisions and actions that affect your families and your neighborhood.

**When?**

**Friday, November 19th from 5:00pm to 8:00pm**

**& Saturday, November 20th from 10:00am to 4:00pm**

**Where?**

**Southwest Improvement Council (SWIC)**

**1000 South Lowell Blvd., Denver 80219**



***We will provide free food and childcare.***

**Space is limited – to reserve your space:**

Call Francesca Santistevan at 303-315-5864 or Rachel Cleaves at 303-315-5865. Or send email to: [Francesca.Santistevan@ucdenver.edu](mailto:Francesca.Santistevan@ucdenver.edu)

**The SouthWest Denver Community Center**

**A Division of the SouthWest Improvement Council (SWIC)**

1000 S. Lowell Boulevard Denver, CO 80219 (303) 934-2181

*Serving Residents of Southwest Denver since 1987*

# SouthWest Matters

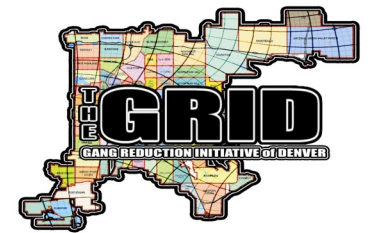
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## GRID Parent Support Group at SWIC

The Gang Reduction Initiative of Denver's (GRID) will be hosting a parent support group that will focus on providing information to parents on how to recognize indicators of gang involvement, and tips on how to talk to their children about gangs and help prevent or reduce their involvement with gangs. Parents are encouraged to talk to the outreach team one-on-one about individualized needs. *Beverages and snacks will be available.* **Please call Christina for more information: 720-913-4617.**

The first support group is **Monday November 15th from 5:00 pm to 7:00 pm at SWIC in the Marigold Room.**



### SWIC's Ongoing Programs

- ◆ **Foreclosure Prevention and Housing Counseling:** FREE! You do not have to be behind on your monthly payments.  
Call Ron at 303-934-0923 for more information!
- ◆ **VOA Hot Lunch for Seniors:** 11:00am—12:00pm Monday—Friday.
- ◆ **Weekly Food Boxes:** 10:30am—2:30pm every Friday.  
\$2 donation suggested, never required!
- ◆ **Free Adult Exercise:** 8:00am—10:30am and 4:00pm—5:30 pm  
Weight room, gymnasium and Zumba!  
Call Jenny at 303-934-8063
- ◆ **Youth Programs:** 4:00 p.m.—5:00 p.m. Tuesday—Friday with the Denver Public Library Free Arts and Crafts! Other youth programs listed in calendar (see inside).